

LUNCH ORDER FORM (choose lunch box #1 or #2)

☐ LUNCH BOX #1

Sub Sandwich choose 1 (one) from each
☐ Ham ☐ Turkey ☐ Tuna ☐ Veggie
Bread: ☐ Wheat ☐ White ☐ Kaiser Roll

Salad choose 1 (one)
☐ Greek ☐ Garden ☐ Spinach ☐ Spring Mix

Bag of Chips included

Canned Soda choose 1 (one)
☐ Coke ☐ Diet Coke ☐ Fanta Orange
☐ Nestea ☐ Sprite ☐ Lemonade ☐ Water

☐ LUNCH BOX #2

Sub Sandwich choose 1 (one) from each
☐ Ham ☐ Turkey ☐ Tuna ☐ Veggie
Bread: ☐ Wheat ☐ White ☐ Kaiser Roll

Fruit choose 1 (one)
☐ Banana ☐ Apple ☐ Orange

Bag of Chips included

Canned Soda choose 1 (one)
☐ Coke ☐ Diet Coke ☐ Fanta Orange
☐ Nestea ☐ Sprite ☐ Lemonade ☐ Water

WORKSHOP SCHEDULE

Wednesday, April 18, 2007

8:30am Check-in
Networking, Coffee and Light Fare
 9:30am-12noon Presentation
 12noon-1pm Lunch
 1pm-5pm Presentation con't.

WORKSHOP LOCATION

Activity Center
 City of Gaithersburg Department of Parks,
 Recreation and Culture
 Bohrer Park at Summit Hall Farm
 506 S. Frederick Avenue
 Gaithersburg, MD 20877
 (301) 258-6350

For more information, comments or questions
 please contact:



Doug Fox
 240-777-6862



Gaithersburg

Bill Bullough
 301-258-6445 ext. 202

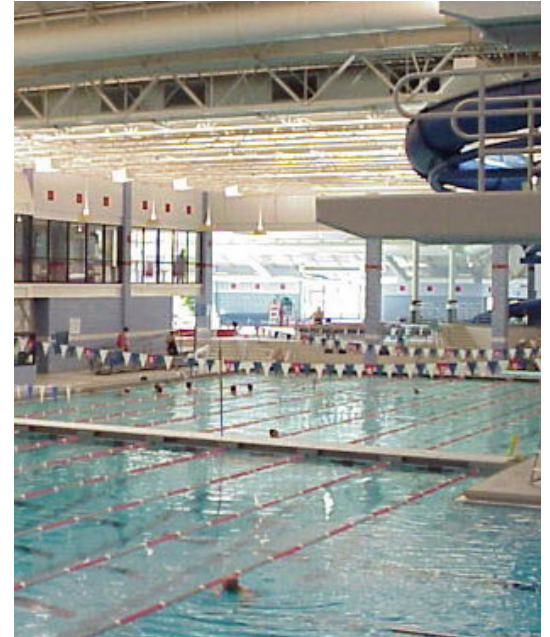


Beth Fowler
 240-314-8754

● MONTGOMERY COUNTY
 ● CITY OF GAITHERSBURG
 ● CITY OF ROCKVILLE
 RECREATION DEPARTMENTS

PRESENT A WORKSHOP BY
Dr. Tom Griffiths

Aquatic Risk Management



April 18, 2007
 City of Gaithersburg
 Dept. of Parks, Recreation and Culture
 Bohrer Park
 506 S. Fredrick Avenue
 Gaithersburg, MD 20877
 (301)258-6350

Aquatic Risk Management

With Aquatic Safety Research Group's new A.R.M. Series, you'll "arm" yourself with an understanding of the applicable standards of care. This risk management workshop offers unparalleled insight into the operation of swimming facilities.

A.R.M. Public Pools seminar covers

- Standards of Care
- Negligence
- Practical Risk Management
- 5 Minute Scanning Strategy
- Body Blindness
- Seven Deadly Sins
- Entrapment
- Signage
- Real Aquatic Court Cases

Dr. Tom Griffiths



Tom Griffiths, Ed.D., is the Director of Aquatics and Safety Officer for Athletics at Penn State University. He has been involved in all phases of aquatics and water safety for 30 years and has published more than 300 articles.

Dr. Griffiths is the author of *The Complete Swimming Pool Reference, Second Edition*, published by Sagamore Publishing LLC, *The Swimming Pool*, by Simon and Schuster, and *Sport SCUBA Diving in Depth* published by the Princeton Book Company. His latest book, *Better Beaches*, released by the National Recreation and Park Association, is a huge success and has led to the development of NRPA's *Better Beach Seminars* and Aquatic Safety Research Group's *Safe Swimming Beaches* program which Tom teaches throughout the country. He also teaches the *Aquatic Facility Operators Course* (AFO) for NRPA.

Dr. Griffiths is the lead investigator who has been conducting the *National Lifeguard Survey* since 1994 and has developed the *Five Minute Scanning Strategy*® 2000 and accompanying video for lifeguards and other supervisors. Teaming up with Paragon Aquatics, he developed *Griff's Guard Station*™, a series of lifeguard stations that improve safety and allow lifeguards to incorporate his scanning strategies.

Dr. Griffiths serves as an international water safety consultant and, in his individual capacity, has been retained as an expert witness in a variety of personal injury cases including diving injuries and drownings at both pools and beaches. His lectures are known to be dynamic, informative, educational and inspiring.

www.aquaticsafetygroup.com



REGISTRATION FORM Please print.

Please register by April 1, 2007

Name _____

Address _____

City _____

State _____

Zip _____

Agency _____

Phone _____

Cell _____

Fax # _____

Email _____

\$20 Registration Fee per individual
(includes boxed lunch)

(Copy this form for additional registrants.)

Amount Due _____

Check # _____

Mail payments and registration forms to: **Rockville Municipal Swim Center, Attn: Beth Fowler, 355 Marins Lane, Rockville, MD 20850.**
Please make checks payable to: **RMSC Parents Club.** Receipt of payment available upon request at the workshop.

Please complete the lunch order form on the reverse side.